

how we can help

Center For Family Services offers counseling services for adults, children, teens, and families. Counseling services are available in many convenient locations throughout North Jersey: Essex, Morris, and Passaic County.

Center For Family Services is fully licensed and accredited. Bilingual Telehealth and in-person services are available. We accept Medicaid and self-pay.

To learn more about our counseling services, make an appointment, or make a referral, contact:

access@centerffs.org

1.877.922.2377

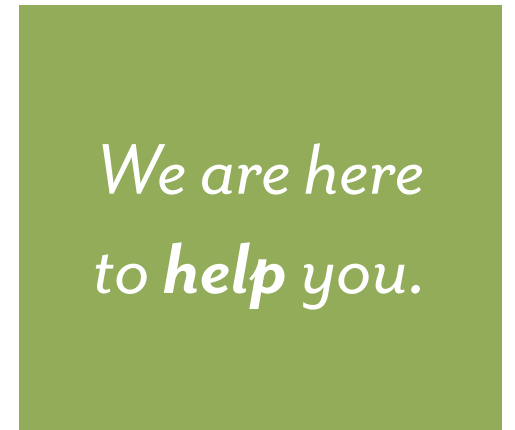


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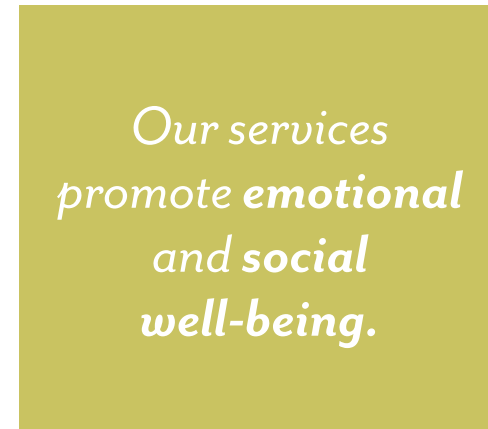
*Are you experiencing
challenges in
your everyday life?*



*We are here
to **help you.***



*Our services
promote **emotional**
and **social**
well-being.*



Counseling &
Behavioral Health Services

If you or someone you care about needs help dealing with life's challenges, we are here to help you.

Private, confidential services specialized for children, teens, adults, and families are available.

daily well-being and relationships

Services are available to help promote emotional wellness and to help you improve family dynamics, manage behaviors, build coping skills, improve communication, and manage stress.

mental health

Counseling can help you address emotional issues such as depression, anxiety, extreme mood changes, or elevated stress after life-changing situations.

children's outpatient

A variety of counseling services designed specifically for children including those who have been exposed to domestic violence or substance use in the home, in-community counseling, and specialized services for children at risk of psychological hospitalization.

violence and trauma

If you have witnessed or experienced violence, including domestic violence and sexual abuse, support services are available to help promote healing and emotional well-being.

grief and traumatic loss

Safe, supportive, and compassionate counseling and support services are available to guide individuals through the process of healing and recovery following the loss of a loved one, including loss to homicide, suicide, and drug overdose.

our services

- Individual, group, couples, and family counseling
- Therapeutic groups including: anger management, grief & loss, parenting, empowerment, and depression
- Mental health and infant mental health services
- In-home services for youth
- Psychiatric services available in conjunction with counseling services by referral
- Offering both Telehealth and in-person services

Call ACCESS at 1.877.922.2377 to schedule an appointment and to learn about accepted insurance, eligibility, and program locations. Bilingual services are available.



Your counselor will help you develop your personal plan to help you meet your goals.